

Ayurveda For Potion

Name of the faculty- FHTM

Name of the event/ programme: Ayurveda for Potion

Type of the programme: Guest Lecture

Date: 13.02.2023

Organizers: *FHTM, SGT University*

Objective of the programme: *To make Students aware of Health Benefits of Ayurveda Cuisine*

Audience: *FHTM students and Students from Ayurveda Department*

Brief Report of the programme:

To give our students important knowledge regarding Ayurveda Samhitas, we invited Dr. Dinesh Kumar Das, Asst Professor at the Govt. Ayurvedic College in Patna, who gave our students a guest lecture on the topic 'Ayurveda for Poshan'.

The Samhita-Siddhanta department is the most important in Ayurveda. This department deals with the study of the basic principles of Ayurveda which are described in classical treatises, i.e., Ayurveda Samhitas. Samhitas are written in Sanskrit hence for a better understanding of Samhita, Sanskrit is taught as a subject.

Dr. Dinesh interacted with the students and briefed them about medicinal plants, nutritional farming, yoga, and wellness. He also discussed Ayurveda cooking and the health benefits that come with it. Dr. Das was erudite, energetic, and helped expand our students' scope of learning with his session.

Total -30 students from FHTM



Dr.Dinesh with his family is receiving a token of appreciation from Dean Chef Ranjeet



Welcome Session by FHTM



Dr.Dinesh is taking a workshop of our BHM & BSC students.

Faculty of Hotel & Tourism Management

Event Name: *Ayurveda Poshan (Ayurveda Cooking)*

Event Date: *13/12/2020*

Sl. No.	Reg. No.	Name	Course	Signature
1	200701001	HEMANT MANETHIYA	Bachelor of Hotel Management	A
2	200701002	VIKIL PRAHLADAN	Bachelor of Hotel Management	P
3	200701003	PRIYANSH PANT	Bachelor of Hotel Management	P
4	200701004	PARDEEP	Bachelor of Hotel Management	P
5	200701006	VIDHI PHOGAT	Bachelor of Hotel Management	A
6	210701001	HARSH KUMAR	Bachelor of Hotel Management	P
8	210701003	FAIRLY BISWAS	Bachelor of Hotel Management	A
9	210701004	TANIYA GAHLOT	Bachelor of Hotel Management	P
10	210701005	CHHAYA SINGH	Bachelor of Hotel Management	P
11	210701006	PRERNA YADAV	Bachelor of Hotel Management	A
16	210701011	SUSHANT TICKOO	Bachelor of Hotel Management	A
17	210701012	ASHISH KUMAR SINGH	Bachelor of Hotel Management	A
19	210701014	AKASH SEHRAWAT	Bachelor of Hotel Management	P
20	210701015	MONIKA	Bachelor of Hotel Management	A
21	210701016	AMAN YADAV	Bachelor of Hotel Management	P
22	210701017	ASHISH	Bachelor of Hotel Management	A
23	210712001	ABISHEK TAMANG	Bachelor of Science (Hospitality Administration)	A
24	210712002	HARSH KUMAR	Bachelor of Science (Hospitality Administration)	P
25	210712004	ANKIT KUMAR	Bachelor of Science (Hospitality Administration)	A
26	220701002	SHREYA TANWAR	Bachelor of Hotel Management	P
27	220701003	NISHANT SHARMA	Bachelor of Hotel Management	A
28	220701004	VINAYAK RAO	Bachelor of Hotel Management	A
30	220701005	ANKIT GOSWAMI	Bachelor of Hotel Management	P

37	220701012	AKSHIT BHADANA	Bachelor of Hotel Management	
38	220712001	MONALISA GHOSH	Bachelor of Science (Hospitality Administration)	P A
39	220712002	ROHIT MANNA	Bachelor of Science (Hospitality Administration)	P A
40	220712003	MANISHA	Bachelor of Science (Hospitality Administration)	P A
43	220712006	AYUSH SINGH NEGI	Bachelor of Science (Hospitality Administration)	P A
44	220712007	JAY BHARDWAJ	Bachelor of Science (Hospitality Administration)	P A
4	220712008	AADIL SHAH	Bachelor of Science (Hospitality Administration)	P A
4	220712009	AASIF	Bachelor of Science (Hospitality Administration)	P
4	220712010	VARUN	Bachelor of Science (Hospitality Administration)	P
5	220712013	PREETI	Bachelor of Science (Hospitality Administration)	P
	220712015	JATIN	Bachelor of Science (Hospitality Administration)	P
	220712016	NISHITA	Bachelor of Science (Hospitality Administration)	P
	220712017	MUSKAN	Bachelor of Science (Hospitality Administration)	A
5	220712018	ASMI PARIHAR	Bachelor of Science (Hospitality Administration)	P
7	220712020	TARUN SALUJA	Bachelor of Science (Hospitality Administration)	A
8	220712021	TAFAJJUL HUSSAIN	Bachelor of Science (Hospitality Administration)	P
9	220712023	RAHUL DOLAI	Bachelor of Science (Hospitality Administration)	P
1	220712025	VIVEK KUMAR	Bachelor of Science (Hospitality Administration)	P
2	220712026	VAIBHAV VERMA	Bachelor of Science (Hospitality Administration)	P
3	220702001	KARTIK AGGARWAL	Master of Hotel Management	P
5	220702003	SHIWANGI	Master of Hotel Management	P
6	220702004	KM NAINIKA GUPTA	Master of Hotel Management	A
7	220702005	FATMA AL YAZDANI	Master of Hotel Management	P
8	220702006	ROHAN DASRE	Master of Hotel Management	P
70	220702008	DURGANAND	Master of Hotel Management	P
71	220702009	PRINCE RAJ KHATANA	Master of Hotel Management	P

Dean
Faculty of Hotel Management
SGT University
Buddha, Gurgaon

